Liter ACTIONS CANADIAN MEDICAL PHYSICS NEWSLETTER Le BULLETIN CANADIEN de PHYSIQUE MÉDICALE

Multi-modality Image-Guidance for **Efficient Implementation of** HDR Brachytherapy for **Cervix Cancer**













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COLLEGE OF PHYSICISTS IN MEDICINE

Although image-based guidance and treatment planning is extensively used in prostate brachytherapy (BT), imaging in cervical BT procedures is nascent. Image guidance can provide powerful tools to navigate tandem insertions and allow 3D-treatment planning to spare organs at risk (OAR). These are important features since the proper positioning of intracavitary applicators is the most important factor in improving local control and radiation-induced damage to proximal OAR is the primary cause of early complications.

With this in mind, we implemented our HDR-BT program for cervix treatment incorporating tomographic imageguidance. Real-time verification of tandem placement was achieved via intra-operative US guidance. 3D-CT planning was used for conformal avoidance of OAR. Although CT does not provide a target for planning, it can identify OAR and define dose distributions in 3D. This feature allows simultaneously the expansion of isodose volumes based on clinical assessment of disease and determination of instances where dose shapes should be altered to reduce the risk of complications. Using US we directly evaluated implant quality at the time of insertion reducing our perforation rate from 10% to 0%, influencing our choice of applicators in 50% of cases, and reducing our average insertion time by 8 minutes. We have achieved similar OAR doses to groups using MRI-based planning, demonstrating that OAR avoidance can be effectively realized using CT.

A combination of imaging techniques can promote a more accurate and efficient workflow and enhance HDR cervix BT procedures as a whole. The implementation of image-guidance can be done without lengthening procedure time and with equipment readily available in most RT departments.

Images provided by Dr. Deidre Batchelar from the Odette Cancer Centre, Toronto ON

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Please submit stories in Publisher 98, Word 6.0, Word 97, or ASCII text format. Hardcopy submissions will be scanned to generate an electronic document for inclusion in the Newsletter. Images in Tiff format at 300 dpi resolution are preferred.

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Message from the CCPM President:

This is my last editorial. My term as CCPM President ends at this year's AGM in Victoria and I officially retired from my hospital medical physics position a few weeks ago.

I want to thank both the board members and all the volunteers that help with the membership and fellowship exams each year.

The required number of examiners is the same as the number of candidates taking the membership oral exam and greater for the fellowship exam.

This means ~ 28 volunteer examiners in addition to the 8 board members that give up their weekend with no financial and minimal academic benefit.

One volunteer, the CCPM chief examiner, almost has a second job on top of his / her daytime job organizing all the exam logistics during the examination period.

Again my thanks go out to all the volunteers and especially Michael Evans, our chief examiner.

My wife and I have been very fortunate in that we have been able to retire earlier than normal to start fulfilling our dream of exploring North America full time in our trailer for several years.

As you're reading this we should have reached our first destination, the Maritimes.

Although I've retired from medical physics, this doesn't mean there is no physics left to learn when pulling a trailer with a car.

As an example, the typical hitch weight of a large trailer, the force pushing down where it connects to the car, is 900 lbs.

Nine hundred pounds pushing down at the edge of your trunk severely degrades both the rear springs and the road handling.

To correct this, an equalizing hitch is used, an adjustable mechanical arm that creates a torque via the car hitch around the rear car axle transferring enough of the trailer hitch weight to the front wheels thereby equalizing the trailer hitch weight between the front and rear wheels.



Dr. Dick Drost, CCPM President

I naively assumed that the 900 lb hitch weight was "equalized" into a 450 lb force on the front wheels and a 450 lb force on the rear wheels.

However, the correct answer is 300 lbs and 300 lbs.

Where did the other 300 lbs go?

It's been a great trip.

Thank you for all your support.

Message from the COMP Chair:

It is once again time to say goodbye to one of our board members. **Michelle Cottreau's** term as Councilor of Communications is finished after this year's AGM in Victoria. Under Michelle's leadership the Communications committee has done a fantastic job with the revamping of both the COMP and CCPM websites and has carried out her duties exceedingly well. Our many thanks to Michelle for all of her hard work.

In addition, our editor for InterACTIONS, **Parminder Basran**, is editing his last issue (July). Parminder has done a great job during his term. This can sometimes be a thankless job (especially when trying to get those of us who must submit articles regularly), and so I would like to publicly thank him for all he has done. **Idris Elbakri** will be stepping into Parminder's position. I'm sure that he will find this a rewarding experience.

Preparations for the 2009 Annual Scientific Meeting in Victoria are nearing completion...

Preparations for the 2009 Annual Scientific Meeting in Victoria, BC are nearing completion. The Local Arrangements Committee (LAC) has done a superb job and it looks to be a well attended meeting. The response to this year's call for abstracts has exceeded our expectations and the quality of submissions is top notch.

This year, we will be adding a session for the non-radiation therapy physicists in our membership. The topic has yet to be chosen but our hope is that this will become a valuable part of the ASM. As always, please provide us with any feedback or suggestions you might have to help us improve this event. I look forward to seeing you there.

This year, we will be adding a session for the nonradiation therapy physcists in our membership... Here is a brief update on a few of our strategic plan items that are underway:

<u>Conduct a Feasibility Study re: Running a</u> Winter Program

The inaugural **"Winter" School** is to take place January 2010 in Banff, AB. The advertisement with all the particulars will be forthcoming. This is designed to be a high quality educational offering and will include top notch speakers. Please help us to make this a success.

The inaugural "Winter" School is to take place January 2010 in Banff, AB.

Establish relations with adjacent communities

COMP and many other Canadian organizations are beginning to work together in order to ensure proper representation in the various initiatives underway. Organizations such as the Canadian Association of Radiologists, the Canadian Association of Nuclear Medicine, and the Canadian Association of Medical Radiation Technologists, have contacted our office looking for volunteers from our membership to participate on working groups and committees where it is important to have medical physics input. Volunteers would act as representatives of COMP and report to the board. This is an important step in aligning the activities of these organizations. The overall goal is to provide guidance and direction that will improve the overall quality of diagnostic and therapeutic programs in Canada. If you or someone you know is interested in participating, please look for these opportunities in upcoming e-mail announcements or on the website.

I would like to thank all those who take the time to volunteer on the various committees as well as those who are volunteering in other ways (reviewing abstract submissions, LAC, etc...). COMP would not be able to function without their help.

If you wish to volunteer with COMP in some way, feel free to contact me at jason.schella@cdha.nshealth.ca or Nancy Barrett at nancy@medphys.ca. There is always room for you.



Mr. Jason Schella COMP President

Organizations such as the Canadian Association of Radiologists, the Canadian Association of Nuclear Medicine, and the Canadian Association of Medical Radiation Technologists, have contacted our office looking for volunteers from our membership to participate on working groups and committees

If you have an article that you would like to share with other COMP members, publishing through *InterACTIONS* is a great way to do it.

I wish you all the best.

Message from the Executive Director of COMP/CCPM:

Looking Forward to Victoria

As this issue of InterACTIONS arrives on your desk, the Victoria LAC is ready to welcome members of the medical physics community to their beautiful city for our 2009 annual scientific meeting. In addition to the continuing education and networking opportunities that the COMP ASM provides, the Victoria organizers have created some unique opportunities for delegates:

- Brian Price, coxswain of the Canadian Olympic Rowing Team and cancer survivor, will be the 2009 public lecturer. The lecture will be presented in co-operation with the BC Cancer Foundation.
- ♦ A 5K fun run will take place on Thursday morning around the harbour circuit. Thank you to LAN-DAUER for their financial donation to this event.
- The final banquet will be held at the famous Butchart Gardens, a national historic site.

Brian Price, coxswain of the Canadian Olympic Rowing Team and cancer survivor, will be the 2009 public lecturer.

Thank you to Varian, Philips and Elekta for their generous sponsorship of the 2009 meeting. We are also grateful to Best Medical for their continued support of our awards program.

<u>Continuing Education and Networking</u> <u>Opportunities for 2010</u>

Plans are well underway for COMP's inaugural **Winter School** which will be taking place at the Banff Park Lodge from January 24, 2010 to January 28, 2010. Marco Carlone, Sherry Connors, Luc Beaulieu, Dave Rogers and Cheryl Duzenli make up the team working on this important initiative.

The Ottawa LAC has also begun preparations for the 2010 meeting which will be taking place from **June 16th to June 20th**. Mark your calendars and stay tuned for more details!

Professional Liability Insurance

Several inquiries have been made about professional liability insurance for members. We have done some research and have received an initial proposal for a program for COMP which has been reviewed by the Professional Affairs Committee. The annual premium for this program is dependent on the number of members who participate. Details of the proposal will be shared with the membership and the broker that would administer the program will be available to answer any questions.

Expanding our Reach

We continue to explore ways to both expand our membership and better serve our membership segments:

- At the Victoria ASM, we will be hosting a scientific session targeted to members who work in areas other than radiotherapy.
- Time and space has been allocated for Associate members to meet as a group in Victoria. Lisa Gamble is coordinating this group.
- A Student Council has been established and is being co-Chaired by Alejandra Rangel and Nadia Octave. Time and space has also been set aside for this group to meet in Victoria.

Time and space has been allocated for Associate members to meet as a group in Victoria. Lisa Gamble is coordinating this group.

Connecting with Adjacent Communities

The Professional Affairs Committee is working to clarify and streamline our relationships with other organizations so that we are in a better position to advance the medical physics profession. We participated in roundtable discussions at the annual meetings of CAMRT and CAR. The CAR is specifically looking for COMP's participation in working groups they have established. Invitations will be extended to COMP members via email and on the website.



Ms. Nancy Barrett, COMP/CCPM Executive Director

We participated in roundtable discussions at the annual meetings of CAMRT and CAR. The CAR is specifically looking for COMP's participation in working groups they have established.

I would like to take this opportunity to thank Parminder Basran who is completing his term as Editor of InterACTIONS. COMP members have been well-served by Parminder who has done an excellent job and has been a pleasure to work with.

As always, please feel free to contact me at <u>nancy@medphys.ca</u> or Gisele Kite at <u>admin@medphys.ca</u> at any time with your feedback and suggestions.

CNSC Feedback Forum (English) **RSO Requirement– Changes to the Nuclear Safety & Control Act's Regulations** Submitted by: Mike James CNSC, Ottawa ON

As you probably know, there is a proposed amendment to the regulations governing Class II Nuclear Facilities. (see Page 98) These include medical linacs, brachytherapy remote after-loaders and radioactive source teletherapy machines. The proposed amendment and accompanying Regulatory Impact Analysis Statement were published in the 6 June 2009 edition of Canada Gazette, Part I, initiating a 30-day period of public consultation, from June 6 to July 6, 2009.

The amendment formalizes the currently required practice of accepting as RSO only persons who have passed an examination administered by the CNSC.

A brief description of the proposal has already been distributed to the affected population. The amendment can be viewed at :

HTML: <u>http://www.gazette.gc.ca/rp-pr/p1/2009/2009-06-06/html/reg2-eng.html</u>

PDF: <u>http://www.gazette.gc.ca/rp-pr/</u> p1/2009/2009-06-06/pdf/g1-14323.pdf

By now I probably have you worried about what changes the CNSC intends to foist on the industry. So I'll repeat that the main effect of the amendment is only to formalize current practice; that is, new RSOs must be accepted, through examination, by the CNSC. Under the regulation, the process will be called "certification".

What's in it for you, the RSO or potential RSO? Formalization includes provisions in the law to ensure that the process is fair. With the proposed amendment, a person who disagrees with our decisions must be given an opportunity to be heard. Also, the process is spelled out – CNSC staff can not arbitrarily change it.

The amendment will include:

- the requirement for each licensee to appoint a RSO to oversee the licensed activities
- the requirement that the RSO be certified by the CNSC
- any person now acting as RSO will be certified without examination
- the content of an application for certification
- the requirement for an examination
- a requirement for an uncertified, but qualified, "backup" RSO
- various provisions required for fairness and good administration

Now you see my slight weaseling when I said "main effect" in the third paragraph. There are two new requirements, both of them minor. These are:

- a backup RSO this person must have reasonable qualification to act in the RSO's absence, but need not be certified. He or she must be designated in writing, but the CNSC doesn't need to be informed. (Keep your paperwork, though – we may ask for it during an inspection).
- 2. Licensees must apply to have current RSOs certified. This is a simple application so we will have on file a minimum of information about all RSOs – there is no exam here, we know you are all good people.

That sums it up. The amendment tidied up the process and won't add significantly to your workload. For further information see the CNSC website at:

http://www.nuclearsafety.gc.ca/eng/ lawsregs/proposedamendments/ class2-RSO/index.cfm

Or contact me:

Michael F. James, P. Eng. Physics Specialist Class II Nuclear Facilities and Equipment Division Canadian Nuclear Safety Commission (613) 993-7867 <u>mike.james@cnsc-ccsn.gc.ca</u>

CNSC Feedback Forum (French) L'exigence pour les RRP – Modification aux Règlements sur les installations nucléaires et l'équipement réglementé de Catégorie II.

Submitted by: Mike James CNSC, Ottawa ON

Tel qu'annoncé, il y a une modification proposée aux règlements régissant les installations nucléaires de Catégorie II. Ces installations comprennent les accélérateurs linéaires médicaux, les appareils de curiethérapie à projecteur de sources télécommandé et les appareils de téléthérapie à source radioactive (pg 98). La modification proposée et son Résumé de l'étude d'impact de la réglementation ont été publiés dans le numéro du 6 juin 2009 de la Gazette du Canada, Partie I, pour une période de consultation publique de 30 jours, du 6 juin au 6 juillet.Cette modification officialise la pratique utilisée pour accepter seulement, comme un RRP, les personnes qui ont réussi l'entrevue avec la CCSN.

Une brève description de la modification proposée a été soumise aux personnes concernées. Cette modification peut être accédée en ligne aux adresses suivantes :

HTML : <u>http://www.gazette.gc.ca/rp-pr/p1/2009/2009-06-06/html/reg2-fra.html</u>

$\frac{PDF: <u>http://www.gazette.gc.ca/rp-pr/p1/2009/2009-06-06/pdf/g1-14323.pdf</u>}{}$

Maintenant que vous êtes assez effrayés par les intentions de la CCSN, je vais vous répéter que la seule conséquence de la modification est d'officialiser la pratique courante utilisée : les nouveaux RRP doivent être approuvés par la CCSN, à la suite d'une entrevue. Sous la réglementation, ce processus deviendra une accréditation. Qu'est ce que cela implique pour vous, les RRP ou les futurs RRP ? L'officialisation du processus inclut des dispositions dans la loi pour vous assurer que le processus est juste et équitable. Avec la modification proposée, une personne qui est en désaccord avec la décision de la CCSN a la possibilité d'être entendu. De plus, le processus est clairement défini – le personnel de la C o m m is s i o n ne peut pas arbitrairement changer le processus.

Cette modification va inclure :

- l'obligation pour chaque titulaire de permis de nommer un RRP qui surveillera les activités autorisées
- l'obligation que le RRP soit accrédité par la CCSN
- toute personne qui agit maintenant en tant que RRP va être accréditée sans entrevue
- le contenu d'une demande d'accréditation
- la nécessité d'une entrevue
- l'obligation d'un RRP remplaçant non accrédité mais compétent
- diverses dispositions requises à des fins d'équité et de bonne administration

Maintenant que vous avez vu mes intentions à peine voilées à propos de la seule conséquence du 3e paragraphe, il y a 2 nouvelles exigences mineures. Elles sont :

 d'avoir un RRP remplaçant – Cette personne doit avoir des qualifications acceptables pour remplacer le RRP durant son absence, mais n'a pas besoin d'être accréditée. Cette personne doit être désignée par écrit, mais la CCSN n'a pas besoin d'être informée. (Ce document peut cependant être demandé lors d'une inspection). que le titulaire doit appliquer pour accréditer le RRP actuel. Il s'agit d'une application simple, afin que la CCSN ait un minimum d'information au sujet de tous les RRP. Il n'y aura aucune entrevue, puisque nous savons que vous êtes tous de bonnes personnes.

Ceci résume la modification proposée. Celle-ci ficelle le processus et ne devrait pas augmenter votre charge de travail.

Pour plus d'information, référer vous au site internet de la CCSN :

http://www.nuclearsafety.gc.ca/fr/ index.cfm

Ou contactez-moi :

Michael F. James, P. Eng. Physics Specialist Class II Nuclear Facilities and Equipment Division Canadian Nuclear Safety Commission (613) 993-7867 <u>mike.james@cnsc-ccsn.gc.ca</u>

REGULATIONS AMENDING THE CLASS II NUCLEAR FACILITIES AND PRESCRIBED EQUIPMENT REGULATIONS

1. (1) The definitions "certificate" and "certified" in section 1 of the English version of the *Class II Nuclear Facilities and Prescribed Equipment Regulations* (see footnote 1) are replaced by the following:

- "certificate" means a document issued by the Commission or by a designated officer authorized under paragraph 37(2)(a) of the Act, indicating that a model of Class II prescribed equipment is certified, or authorized under paragraph 37(2)(b) of the Act, indicating that a person is certified. (*homologation* et accréditation)
- "certified" means certified by the Commission under paragraph 21(1)(h) or (*i*) of the Act or by a designated officer authorized under paragraph 37(2)(a) or (*b*) of the Act. (*homologué* et accrédité)

(2) Section 1 of the French version of the Regulations is amended by adding the following in alphabetical order:

« accréditation » Document délivré par la Commission ou par un

- fonctionnaire désigné autorisé en vertu de l'alinéa 37(2)b) de la Loi et qui atteste la compétence d'une personne. (*certificate*)
- « accrédité » Accrédité par la Commission en vertu de l'alinéa 21(1)*i*) de la Loi ou par un fonctionnaire désigné autorisé en vertu de l'alinéa 37 (2)*b*) de la Loi. (*certified*)

2. The Regulations are amended by adding the following after section 15:

Radiation Safety Officers

Appointment and Certification **15.01** (1) Every licensee who operates a Class II nuclear facility shall

appoint a radiation safety officer.(2) Every licensee who services Class II prescribed equipment shall

appoint a radiation safety officer. **15.02** No person shall be appointed to the position of radiation safety officer unless the person has been certified by the Commission or a designated officer authorized under paragraph 37(2)(b) of the Act.

Application for Certification

15.03 An application by a licensee for certification of a person as a radiation safety officer shall include the following information:

(*a*) the name of the person;

(b) a record of that person's education, training and experience;

(c) a statement by the licensee that, in their opinion, the person is capable of performing the duties of the position; and

(*d*) the Class II prescribed equipment in respect of which the person may be certified.

15.04 (1) The Commission, or a designated officer authorized under paragraph 37(2)(b) of the Act, may certify a person for the position of radiation safety officer if

(a) the person has successfully completed an examination that is recognized by the Commission; and

(b) in the opinion of the Commission, or of the designated officer, the

person is capable of performing the duties of the position.

(2) A certificate issued under subsection (1) shall specify the Class II prescribed equipment in respect of which it is valid.

15.05 A certificate comes into effect on the day on which it is issued and is valid for the period in which the person is employed by the licensee as a radiation safety officer.

15.06 (1) A person who is employed as a radiation safety officer on the day on which these Regulations come into force is deemed to have been certified in accordance with section 15.04.

(2) A licensee shall notify the Commission of the name of the radiation safety officer and the Class II prescribed equipment in respect of which the deemed certification is valid within 30 days after the day on which these Regulations come into force.

Refusal to Certify

15.07 (1) The Commission or a designated officer authorized under paragraph 37(2)(b) of the Act shall notify a licensee who has applied for the certification of a person, and the person in respect of whom certification is being sought, of a proposed decision not to certify the person and the basis for that proposed decision at least 30 days before refusing to certify the person.

(2) The notice shall include a description of the licensee's and the person's right to be provided with an opportunity to be heard in accordance with the procedure referred to in section 15.09.

Decertification

15.08 (1) The Commission or a designated officer authorized under paragraph 37(2)(b) of the Act shall notify a person in respect of whom a certificate has been issued, and the licensee concerned, of a proposed decision to decertify the person and the basis for that proposed decision at least 30 days before decertifying the person.

(2) The notice shall include a description of the licensee's and the person's right to be provided with an opportunity to be heard in accordance with the procedure referred to in section 15.09.

Opportunity To Be Heard

15.09 (1) If a licensee or a person referred to in section 15.07 or 15.08 has received a notice and has requested, within 30 days after the date of receipt of the notice, an opportunity to be heard orally or in writing, the licensee or the person shall be provided with an opportunity to be heard in accordance with the request.

(2) On completion of a hearing held in accordance with subsection (1), the licensee or the person shall be notified of the decision and the reasons for it.

Temporary Replacement

15.1 Every licensee shall designate in writing a person qualified to replace the certified radiation safety officer during the radiation safety officer's absence.

15.11 A person designated under section 15.1 may replace the certified radiation safety officer for not more than 60 working days in any consecutive 365-day period.

Exemption from Certification

15.12 The requirement in section 15.01 does not apply in respect of a Class II nuclear facility for which a person who has duties equivalent to those of a radiation safety officer is designated and who is certified under subsection 9(2) of the *Class I Nuclear Facilities Regulations*.

COMING INTO FORCE

3. These Regulations come into force on the day on which they are registered.

Compliance with CAPCA Megavolt QA Recommendations Submitted by: Brenda Clark Ottawa Regional Cancer Centre, Ottawa, ON

A questionnaire was distributed to (hopefully) all Canadian cancer centres in the middle of March, this is a consolidation of the 25 responses received. The survey addressed megavolt accelerator quality assurance, or more specifically, the 107 specific tests recommended in the following 4 pertinent "CAPCA Standards for Quality Control at Canadian Radiation Treatment Centres" available from the COMP website:

- 1. Medical Linear Accelerators
- 2. Multileaf Collimators
- 3. Electronic Portal Imaging Devices

Linac Integrated kV Imaging Systems and CBCT Simulators

The responses thus characterise the QA aspects of megavolt linear accelerator operations at 25 radiation programs from Halifax to Victoria and many points in between, employing a total of 211.1 medical physicists who support 160 megavolt accelerators. (The 0.1 results from the sum of three 0.5s and a 0.6!) On average, there are 1.4 physicists employed for each accelerator, range 1.0-2.0 (Figure 1). 17/25 centres employ physicist support staff (a total of 41.5 technologists or assistants or associates) to augment the physicist staffing, bringing the total to an average of 1.6 per accelerator, range 1.2-2.3. Interestingly, the compliance numbers for those centres without physics technologists are in the middle of the range and do not appear to reflect an increased physicist staffing in compensation. Nor do they reflect a reduction in compliance with the CAPCA recommendations, perhaps due to the employment in some cases of graduate students for routine QA.

The average number of clinical hours per day reported is 10.1, range 8.5-13.5. The average time spent on morning QA prior to treatment at these centres is 43 minutes (range 30-90 minutes) and in most centres (18/25), the radiation therapists perform this task. Only 3 centres report physics staff doing this QA and 4 centres schedule a mix of therapy and physics staff



*F*igure 1: Physicist and Physics Technologist Staffing as a Function of Number of Megavolt Units

for this task. Only 6 of these centres are not routinely performing daily image-guided treatments indicating that this technology appears to have gained widespread acceptance relatively quickly. The addition of daily image guidance has increased the morning QA requirements by an average of 16 minutes with 9/11 centres adding 15 minutes.

(Continued on page 101)



Figure 2: Compliance with CAPCA "Best Practice Guidelines" as a Function of Centre

Compliance with CAPCA ... continued

1 DL1 Door interlock/last person out	55 ME4 Artifacts
2 DL2 Motion interlock	56 ME5 Spatial distortion
3 DL3 Couch brakes	57 ME6 Monitor controls
4 DL4 Beam status indicators	58 ME7 Records
5 DL5 Patient audio-visual monitors	59 MS1 kV detector & source axes/gantry rotn axis coinc.
6 DL6 Room radiation monitors	60 MS2 kV detector panel virtual alignment
7 DL7 Beam interrupt/ counters	61 MS3 kV source & detector mechanical positioning test
8 DL8 Lasers/crosswires	62 MS4 Records
9 DL9 Optical distance indicator	63 SE1 Spatial resolution
10 DL10 Optical back pointer	64 SE2 Noise
11 DL11 Field size indicator	65 SE3 On screen measurement tools
12 DL12 Output constancy - photons	66 SE4 Set-up verification tools
13 DL13 Dynamic wedge factors	67 SS1 X-ray Generation : kV
14 DL14 Output constancy - electrons	68 SS2 X-ray Generation : HVL (lowest & highest)
15 DE1 Mechanical integrity	69 SS3 X-ray Generation: Output linearity
16 DE2 Electrical integrity	70 SS4 Radiographic: High Contrast Resolution
17 DE3 Collision interlocks	71 SS5 Radiographic: Low Contrast Resolution
18 DE4 Image quality	72 SS6 Radiographic: Gray Scale Linearity
19 DS1 Door interlock	73 SS7 Radiographic: Automatic Brightness Control (ABC)
20 DS2 Beam status indicators	74 SS8 Volumetric: Image uniformity – mean
21 DS3 Emergency off buttons	75 SS9 Volumetric: CT # accuracy of other materials
22 DS4 Detector anti-collision (arm & device body)	76 SS10 Volumetric: Low contrast resolution
23 DS5 kV source anti-collision (arm & device body)	77 SS11 Volumetric: High contrast resolution
24 DS6 Image uniformity1	78 AL1 Reference dosimetry
25 DS7 Radn field coinc. with elect. readout & light field	79 AL2 Relative output factor
26 DS8 kV/kV and/or MV/kV isocentre alignment check	80 AL3 Wedge transmission factor
27 DS9 Shift calculations (2D/2D and 3D/3D)	81 AL4 Accessory transmission factor
28 DS10 Couch motion accuracy	82 AL5 Output reproducibility vs. gantry angle
29 ML1 Emergency off	83 AL6 Beam symmetry reproducibility vs. gantry angle
30 ML2 Wedge, tray cone interlocks	84 AL7 Monitor chamber linearity
31 ML3 Accessories integrity and centering	85 AL8 End monitor effect
32 ML4 Gantry angle readouts	86 AL9 Collimator rotation isocentre
33 ML5 Collimator angle readouts	87 AL10 Gantry rotation isocentre
34 ML6 Couch position readouts	88 AL11 Couch rotation isocentre
35 ML7 Couch isocentre	89 AL12 Coincidence of collimator, gantry, couch axes
36 ML8 Couch angle	90 AL13 Coincidence of isocentres
37 ML9 Optical distance indicator	91 AL14 Couch deflection
38 ML10 Crosswire centering	92 AL15 Independent quality control review
39 ML11 Light/radiation coincidence	93 AMI Leaf transmission (all energies)
40 ML12 Field size indicator	94 AM2 Leakage between leaves (all energies)
41 ML13 Relative dosimetry	95 AM3 Transmission through abutting leaves
42 ML14 Central axis depth dose	96 AM4 Stability with galitry rotation
43 ML15 Beam flatness	97 AM5 Alignment with Jaws
44 ML16 Bearin Symmetry	00 AE1 Independent quality control review
45 ML17 Records	100 AS1 Radiation Dece (CTDI)
47 MM2 Light and radiation field coincidence	101 AS2 Simulated planning
48 MM3 Leaf positions for standard field template	102 AS3 Snatial linearity verification
49 MM4 Electron field interlocks	103 AS4 Slice reconstruction width verification
50 MM5 Leaf alignment	104 AS5 Independent quality control review
51 MM6 Pecords	105 PM1 Verification of transferred data vs template
52 ME1 Positioning in the imaging plane	106 PM2 Daily verification of correct data
53 ME2 Positioning nerroendicular to the imaging plane	107 PM3 Verification of record & verify programming
54 ME2 Image quality	ion intervention of record & verify programming

Table 1: List of 107 CAPCA Recommended Daily (D), Monthly (M), Semi-Annual (S), Annual (A) and Patient Specific (P) Tests for Linacs (L), MLCs (M), EPIDs (E) and Linac Integrated kV Imagers (S).

(Continued from page 99)

In addition to these statistics, the survey asked the question "Do you comply with this recommendation?" for each of 28 daily, 34 monthly, 15 semi-annual, 27 annual and 3 patient specific tests, listed in Table 1. Compliance was measured in terms of the number of "no" answers to the question at the recommended frequency.

The good news is that the overall compliance ranged from a high of 92% down to 56% (Figure 2). The results are encouraging but it is worth noting that none of the respondents are 100% compliant which may indicate that some or all of the recommendations are either inappropriate or challenging to implement. Additionally, if a centre is performing a test at a frequency lower than recommended, it was counted as non-compliant. This "all or nothing" scoring gives no weight to partial compliance and represents a worst case interpretation of the data. A more detailed look reveals some interesting issues.

Of the 107 tests, only 8 (4 daily and 4 annual) are done by each centre which responded, and 7 of those are linac tests (Figure 3). All other tests have some degree of non-compliance several up to 70 - 80%! Some of the tests that are performed the least include the EPID tests at all frequencies and the annual MLC tests.

The aim of this survey was to gain an understanding of the level of compliance with these CAPCA recommendations across Canada and to provide some specific information to prompt a review and updating of the testing prescribed. Hopefully this summary provides that motivation.

Many thanks to the physicists at 25 centres who responded, listed approximately from west to east: BC Cancer Agency – Vancouver Island, Vancouver, Fraser Valley and Southern Interior; Tom Baker Cancer Centre; Cross Cancer Institute; Saskatoon Cancer Centre; Alan Blair Cancer Centre (Regina); Cancer Care Manitoba (100% response so far!); Windsor Regional Cancer Centre; London Regional Cancer Program; Juravinski Cancer Centre; Odette Cancer Centre (known to most of us as Toronto-Sunnybrook); Lakeridge Health Oshawa;



Figure 3: Percentage of Negative Responses for Individual Daily, Monthly, Semi-Annual and Patient Specific (PM1-3) and Annual Tests

Annual Test Code

(Continued on page 120)

Feature Article: Multimodality Image-Guidance for Efficient Implementation of HDR Brachytherapy for Cervix Cancer

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INTRODUCTION

In the last ten years the use of advanced tomographic imaging techniques in brachytherapy has grown dramatically, largely through the application of ultrasound, CT, and MRI techniques to refine the planning and delivery of prostate brachytherapy. Cervix brachytherapy has largely lagged behind prostate in the incorporation of advanced imaging into routine practice. High-dose rate (HDR) brachytherapy for cervical cancer is a resource intensive treatment delivered in multiple fractions (typically 3-5). To cope with this workload many centres are planning based on orthogonal films and delivering treatment using standard loadings.

The continued use of film based planning is often justified by the long history of film based planning for intracavitary treatments of cervical cancer. This experience was, however, built up during the low-dose rate (LDR) era where applicators compatible with CT and MRI were not available, making the use of developing imaging technologies impossible. It is also questionable if this experience is directly applicable to HDR where the dose rate has increased more than a hundred-fold and where a good therapeutic ratio is highly dependent upon geometric sparing of neighbouring organs at risk, principally the bladder, rectum and sigmoid. Even when using LDR, proper positioning of intracavitary applicators was singled out as the most important prognostic factor in improving local control of disease [1]. The only information available in orthogonal radiographs is the applicator positioning relative to bony anatomy, which can make it difficult to judge the quality of an implant (Figure 1).

This difficulty, along with the advent of HDR delivery techniques and the increased availability of CT and MRI compatible applicators provides motivation for a growing movement to 3D image based planning for cervix brachytherapy. In particular, both GEC-ESTRO and the American Brachytherapy Society (ABS) are recommending MRI based planning for each brachytherapy insertion [2-4] due to its superior soft-tissue contrast and ability to separate normal tissues from cancerous lesions. Unfortunately it is not generally feasible in Canada to implement the routine use of MRI for each brachytherapy insertion. Thus centres in Canada are left with two options: continue with film based planning or using what tools are available to improve what and where we can.

This is the approach we took at the London Regional Cancer Program when we implemented our HDR cervix program. Our objective was to implement an image-guidance (Continued on page 103)



Figure 1: (a) and (b) are orthogonal digitally reconstructed radiographs indicating a properly executed implant, (c) is the associated sagittal CT view demonstrating a uterine perforation.



Figure 2: Sagittal images demonstrating the visibility of the intrauterine tandem on US. In (a) the tandem is too advanced within the uterine canal and is pushing against the fundus. Real-time US imaging permitted correct placement of the tandem (b).

(Continued from page 102)

program using technology that was readily available or easy to acquire. Without MRI we could not contour and prescribe to a target but we aimed to ensure accurate placement of the applicators in every insertion and to allow for 3D treatment planning for conformal avoidance of the organs at risk (OAR). Due to the increased resource intensity relative to LDR delivery, our overall goal was to promote as efficient a workflow as possible.

Implementing image-based planning for cervix brachytherapy requires careful assessment of a department's resources such as availability of imaging, access to the HDR suite, staffing levels, and availability of anaesthesia. Considering all these factors, CT-planning for each of four fractions was not logistically feasible at our institution. Our solution to reduce workload and minimize inter-fraction variability in the positioning of the applicators was to deliver two fractions of brachytherapy (typically separated by 18 hours) for each of two insertions. Placing the patient on a low residue diet and using standardized bladder filling (via a urinary catheter) stabilizes the OARs between the two fractions [5].

Initially we had no relevant imaging abilities in our HDR suite. We did, however, have access to a CT-SIM making post-operative CT planning possible. After incorporating this into our practice in 2005, we discovered occult perforations in 10% of our insertions (Figure 1), a rate that is con-(Continued on page 112)



Figure 3: Images illustrating the additional information about OARs available from CT. (a) is an axial slice at the level of the ring applicator demonstrating the volume of bladder in the highdose region. (b) is a 3D rendering illustrating the sigmoid colon wrapping around the 100% dose cloud.



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Feature... continued

(Continued from page 103)

sistent with published perforation rates [6]. An additional 15% were judged to be clinically unacceptable due to extreme displacement of the tandem from the uterine canal. Patients with poor implant geometry or perforations had the applicators removed and returned at a later date for a second insertion, often with the aid of a gynaecological oncologist and an ultrasound radiologist to minimize the chance of repeat failures. This repetition of insertions was an inefficient use of resources and distressing to the patients. We sought to ameliorate this situation by performing routine trans-abdominal ultrasound guidance of the placement of the tandem. Our goal was to ensure that the entire procedure could be performed with radiation therapy personnel and equipment.

Adequate US capabilities may already exist in many brachytherapy departments, or it can be acquired with a relatively small investment of capital funds. To assess the benefit of routine US guidance we prospectively implemented the use of US for all cervix insertions performed within a 9 month period. Assessment was based on the impact of US on applicator choice, total insertion time, perforation rates, and frequency of out of department consultations. These results were then compared to the cohort treated prior to the introduction of US guidance [7].

Thirty-five insertions for intracavitary brachytherapy were performed in 21 consecutive women with cervix cancer during the study time frame. Prior to this 59 insertions had been performed with out the use of US. In all cases, CT imaging was used for treatment planning as well as to assess perforation and applicator suitability. Routine use of US was found to offer several improvements. Examination of the US images directly before insertion allowed for better selection of either tandem length or angle in 50% of cases. In all cases dilation of the cervix and tandem insertion could be clearly visualized (Figure 2). In several cases it was possible to identify that the tandem was not initially well positions and in all cases it was possible to correct for this (Figure 2). Real-time guidance of the procedure reduced the average insertion time by a statistically significant 8 minutes. The use of ultrasound also reduced the need for consults from surgeons from 38% to 6% of cases while radiology consults were eliminated. Most importantly, as confirmed by post-op CT, no applicators were misplaced and there were no uterine perforations.

Following applicator insertion, individualized planning based on CT was performed for each insertion and the same plan applied to each of the two fractions per insertion. Although CT has obvious advantages over film, it does have a major limitation in that it cannot resolve the target against the soft-tissue background of the normal tissues. It can, however, allow visualization of the dose pattern in 3D against the uterus, bladder, rectum, and sigmoid, and this is a significant advantage over 2D planning techniques[8]. CT permits full volumetric assessment of the dose to these organs as opposed to the point based dose monitoring used with 2D planning. This is important because studies have shown that the true maximum doses to the bladder and rectum can be significantly greater than the ICRU point doses [9,10], doses which have never been shown to strongly correlate with complication rates [11]. Additionally, film based planning provides no means of assessing the dose to the sigmoid colon, an organ which is the source of many complications and which often lies in close proximity to the uterus (Figure 3).

Once CT images are acquired, they are transferred to the planning system and critical organs are contoured. Initially, a standard treatment plan prescribed to point A is applied. This plan is then modified to account for asymmetric orientation of the applicators (either Fletcher-Delcos-Suit or ring and tandem) and/or unfavorable positioning of the OAR with respect to the applicators. Customization was accomplished by varying the loading patterns, particularly of the vaginal applicators, to modify the shape of the isodoses to avoid the OARs and consequently reduce the likelihood of significant normal tissue toxicity. OAR avoidance was quantified by means of dose volume constraints computed based on the ABS and GEC-ESTRO guidelines [2-4].

The total dose to both point A and the OAR is derived from a combined external beam radiation (EBRT) and brachytherapy regime (25 fractions of 1.8Gy EBRT and 4 fractions of 7 Gy from brachytherapy). To facilitate dose comparisons when dealing with two very different dose rates, "isoeffective" doses are used. These are defined as the sum of the biologically effective dose (BED) for each phase of treatment normalized to the BED for a 2Gy per fraction treatment ($\alpha/\beta = 3$ Gy for OAR and $\alpha/\beta = 10$ Gy for point A). Based on this, we aimed to keep the maximum dose received by a contiguous 2 cm³ volume (D_{2cc}) of the bladder to < 90 Gy₃ while for the rectum the D_{2cc} limit was 75 Gy₃.

Our prescription resulted in an isoeffective dose of 84 Gy₁₀ to point A. If the OAR constraints could not be met, the physician either lowered the prescription dose or accepted the OAR dose based on clinical indications. Following planning, we prospectively record the average dose delivered to point A, the OAR dose points based on ICRU 38 [9], the D_{2cc} for bladder and rectum as well as data regarding the dose received by the sigmoid and small bowel. This data is being collected for future correlations with outcomes and complications. The average isoeffective doses achieved for point A and the D_{2cc} for each of the bladder and rectum for our first 38 patients are displayed in Table 1. These values indicate that we are achieving our dosimetric goals. Our data also compares favourably to data from *(Continued on page 113)*

Feature... continued

(Continued from page 112) groups using full MRI based planning [5].

	Isoeffective Dose
Point A	81±6 Gy ₁₀
D _{2cc} Bladder	89±10 Gy ₃
D _{2cc} Rectum	63±8 Gy ₃

Table 1: Average dosimetric values for the first 38 patients treated with CT-based planning

Thus, imaging technologies that are readily available in most radiotherapy departments can be combined to produce a smooth and efficient workflow for HDR brachytherapy for cervix cancer. The use of routine transabdominal US to guide intrauterine tandem placement provides real-time feedback regarding the accuracy of tandem placement and the choice of applicator geometry. We have demonstrated that this can be practically integrated in a cervix brachytherapy practice without extra-departmental consultation. Use of US imaging reduces insertion time and eliminates the risk of uterine perforation or suboptimal tandem placement and, therefore, improves both implant geometry and workflow efficiency. Furthermore, CT-based planning allows for clinical modification of the classic pear shaped distribution while effectively protecting the OAR.

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Proposed Changes to COMP Bylaws (2009 AGM)

The below document summarizes all changes brought forth by the COMP Bylaws Subcommittee in time for this year's meeting. All amendments are highlighted in red (underlined) font. Please review the proposed changes and be prepared for the vote at the AGM.

ARTICLE III: Membership

Make eligibility criteria more general for the Associate Member category.

Change from: ELIGIBILITY AND RIGHTS OF ASSOCIATE MEMBERS

Physical scientists or engineers not eligible as Full Members may apply as Associate Members.

These individuals become Associate Members after approval by the Board and upon payment of Associate Members' annual dues.

Associate Members can keep their membership as long as they not become eligible as Full Members.

Associate Members are invited to the General Meetings but are not allowed to vote.

To: FLIGIBILITY AND RIGHT

ELIGIBILITY AND RIGHTS OF ASSOCIATE MEMBERS

Individuals with interest in the objectives of COMP but not eligible for any other membership status may apply as Associate Members.

These individuals become Associate Members after approval by the Board and upon payment of Associate Members' annual dues.

Associate Members can keep their membership as long as they <u>do</u> not become eligible for another membership status.

Associate Members are invited to the General Meetings but are not allowed to vote.

ARTICLE IV: Officers

Wording of the title Chair and Chairperson title to the title President (total of 21 occurrences in the bylaws)

Wording of the title Executive to the title Board (total of 43 occurrences in the bylaws)

Add SEC and RSTSAC chairs into COMP Board

change requirement from 50% to 4 of officers certified by CCPM

Change from:;

A) OFFICERS OF THE EXECUTIVE

The officers of the Executive of this organization shall be

- 1) Past Chairperson
- 2) Chairperson
- 3) Chairperson-elect
- 4) Secretary
- *5) Treasurer*
- 6) Councillor (for Communications)
- 7) Councillor (for Professional Affairs)

8) President of CCPM

At least 50% of the above officers will be certified by CCPM.

To:;

A) OFFICERS OF THE BOARD

The officers of the **Board** of this organization shall be

- 1) Past <u>President</u>
- 2) <u>President</u>
- 3) <u>President</u>-elect
- *4)* Secretary
- 5) Treasurer
- 6) Councillor (for Communications)
- 7) Councillor (for Professional Affairs)
- 8) Chair of Science and Education Committee

9) Chair of Radiation Safety Technical Standards Advisory Committee

<u>10)</u> President of CCPM

At least <u>4</u> of the above officers will be certified by CCPM.

ARTICLE IV: Officers

re: B) ELECTION OF OFFICERS

typo art to part

change wording for CCPM representation on Board to be consistent with changes in part IV A)

Change from:

6. If more than one nomination is received by the nominating committee, election of officers will be made by letter ballot according to article X. Ballots will be counted sequentially for positions 3) to 7) in art. IV A). The highest number of votes for each position will determine the elected officer except for the case when this would mean that a fourth non CCPM member would become a member of the committee. In this case the CCPM member with the highest number of votes would be elected. The ballot counting will be done by the past-chairperson (also chairperson of the nominating committee) or a delegate (s)he appoints, plus one other Full Member of the organization. The past-chairperson or appointed delegate will count the ballots and report to the Chairperson at/or prior to the Annual General Meeting where (s)he will announce the results.

To:

6. If more than one nomination is received by the nominating committee, election of officers will be made by letter ballot according to article X. Ballots will be counted sequentially for positions 3) to 7) in part. IV A). The highest number of votes for each *(Continued on page 115)*

Bylaws... continued

(Continued from page 114)

position will determine the elected officer except for the case when this would <u>leave fewer than four CCPM members on the</u> <u>Board, in which case</u> the CCPM member with the highest number of votes would be elected. The ballot counting will be done by the past-<u>President</u> (also chairperson of the nominating committee) or a delegate (s)he appoints, plus one other Full Member of the organization. The past-<u>President</u> or appointed delegate will count the ballots and report to the <u>President</u> at/or prior to the Annual General Meeting where (s)he will announce the results.

ARTICLE IV: Officers

inclusion of electronic records as recording option for secretary

inclusion of duties of Chairs of SEC and RTSAC

re: C) DUTIES OF OFFICERS

3rd paragraph

Change from:

The Secretary shall act as clerk recording all proceedings in the books kept for that purpose. (S)He shall give or cause to be given notice of all meetings of the members and of the Board and shall perform such other duties as may be prescribed by the Board. (S) he shall also perform such other duties as may from time to time be determined by the Board.

To:

The Secretary shall act as clerk recording all proceedings in the books <u>/ electronic records</u> kept for that purpose. (S)He shall give or cause to be given notice of all meetings of the members and of the Board and shall perform such other duties as may be prescribed by the Board. (S)he shall also perform such other duties as may from time to time be determined by the Board.

Append:

The Chair of the Science and Education Committee will be responsible for ensuring that the committee carries out its mandate. S(he) should advise, counsel and report matters relating its mandate to the other Board Members.

And

The Chair of the Radiation Safety Technical Standards Advisory Committee will be responsible for ensuring that the committee carries out its mandate. S(he) should advise, counsel and report matters relating its mandate to the other Board Members.

c2.ARTICLE VIII: FINANCES (delete statement C));

From:

Cheques, certificates and other bank transactions shall be signed by the officers specified in article IV F.

The financial year of the COMP shall end on the last day of the calendar year (December 31).

The profits or losses of Canadian Medical Physics Scientific Meetings and special educational symposia will be shared between COMP and CCPM in the same proportion as the COMP membership fees. The members shall at each annual meeting appoint an auditor to audit the accounts of the organization for report to the members at the next annual meeting

CCPM will be guaranteed financial support within COMP to maintain its activities related to certification and continuing education

To:

Cheques, certificates and other bank transactions shall be signed by the officers specified in article IV F.

The financial year of the COMP shall end on the last day of the calendar year (December 31).

The members shall at each annual meeting appoint an auditor to audit the accounts of the organization for report to the members at the next annual meeting

CCPM will be guaranteed financial support within COMP to maintain its activities related to certification and continuing education

re: ARTICLE X: Voting By Letter Ballot Make article more consistent for electronic voting. Make reminder notice timing more specific.

Change from:

ARTICLE X: Voting By Letter Ballot

Whenever required by these bylaws, or at option of the Executive, the Full Members may exercise their voting rights by letter ballot except where the Canadian Corporations Act requires a meeting. All ballots shall be sent by ordinary mail or electronic means to Full Members by the Secretary of the Association and shall be returnable not less than thirty (30) days from the date of mailing. Ballots will be counted by the Secretary unless otherwise specified in this bylaw in the presence of at least one other Full Member of the Association and the Secretary shall report the results of such ballot to the chairperson, who shall forthwith inform the membership of such results. All Questions shall be determined by a clear majority of all properly completed ballots that are returned within the time prescribed unless otherwise specifically provided by the Canada Corporations Act or by this bylaw.

To:

ARTICLE X: Voting By Letter or Electronic Ballot

Whenever required by these bylaws, or at option of the Board, the Full Members may exercise their voting rights by letter or electronic ballot except where the Canadian Corporations Act requires a meeting. All ballots shall be sent by ordinary mail or electronic means to Full Members by the Secretary of the Association and shall be returnable not less than thirty (30) days from the date of mailing. A reminder notice will be sent fifteen (15) days prior to the response deadline. Ballots will be counted by the Secretary unless otherwise specified in this bylaw in the presence of at least one other Full Member of the Association and the Secretary shall report the results of such ballot to the President, who shall forthwith inform the membership of such results. All Questions shall be determined by a clear majority of all properly completed ballots that are returned within the time prescribed unless otherwise specifically provided by the Canada Corporations Act or by this bylaw.

COMP Winter School January 24-28, 2010

Banff Park Lodge Mark your calendars and stay tuned for more details!



A New COMP Award?

The COMP executive would like to propose the creation of a designation that acknowledges those within our membership who have made a significant contribution to the field of medical physics and to the COMP (the criteria for which are outlined below).

To this end we are proposing the use of either 1) Fellow of COMP (FCOMP) *or* 2) Member of Distinction (DCOMP). The criteria currently includes both designations and will be modified based on the results of the vote.

We are asking the membership to vote on the 2 questions below:

- 1) Should the Canadian Organization of Medical Physics institute an award which acknowledges those within our membership who have made a significant contribution to the field of medical physics and to the COMP according to the criteria attached? Y/N
- 2) Which designation do you prefer? Fellow (FCOMP) or Member of Distinction (DCOMP)

An electronic vote is being sent out to the membership in June..Please exercise your right to vote.

The results of the vote will be disseminated at the 2009 Annual General Meeting on July 23.

Thank you for your participation.

Jason W. Schella, MSc, FCCPM Chair, COMP

Conference Report of "Innovative approaches in Radiotherapy: beyond tomorrow", Riyhadh Saudi Arabia Submitted by: Michael Evans, FCCPM McGill University Hospital, Montreal, QC

In March this year (2009) I attended a conference in Rivadh, the capital city of the Kingdom of Saudi Arabia, entitled "Innovative approaches in Radiotherapy: beyond tomorrow". The conference ran over the course of 4 days and was held in the King Faisal Specialist Hospital and Research Centre. The event was organized by the Biomedical Physics Department, the Oncology Centre, and the Research Centre's Training and Education Departments, and in collaboration with the King Abdulaziz City for Science and Technology. Co-chair organizers of this event were Dr. Mohammad Al-Shabanah, (Head, Radiation Oncology) and Dr. Belal Moftah (Chairman, Biomedical Physics Department).

Attended by almost 450 participants, the meeting was billed as a "three-in-one" conference. Notably the conference presented 7 main plenary sessions, 7 continuing education courses, as well as 7 hands-on workshops held in the cancer centre. I was most fortunate to have been invited to participate as a lecturer at all three levels of this conference.

While most attendees seemed to be from regional cancer centres, the invited speakers consisted of an international cross



Kingdom Tower (hotel is on floors 32 - 46 of the 100 storey hotel)



Michael Evans, Belal Moftah(organizer), Charlie Ma and Rock Mackie

section.

Included in this list were John Adler (USA), Andres Brahme (Stockholm), Luca Cozzi (Italy), Michael Evans (Canada), Jay Flanz (Boston), Michael (Vienna), Charlie Kopp Ma (Philadelphia), Rock Mackie (Madison but lets claim him from Canada as well!). Helen Shih (Boston), Herman Suit (Boston - attended by internet), Feng Wu (Oxford UK), and Konstantin Zakaryan (Florida). All of these international lecturers, along with the participation of local experts participated in plenary lectures and continuing education courses. At the end of the formal lecture series of the conference on the fourth day many also went on to the hands-on portion of the conference.

One of the principal themes of the conference centered around the use of particle therapy for cancer treatment, with particular emphasis on the use of proton and heavy ions. In addition the venue was an opportunity for the cancer centre at the King Faisal Specialist Hospital and Research Centre to demonstrate it's acquisition of IMRT and IGRT technology including a newly installed Cyberkinfe, Tomotherapy unit, and Varian RapidArc treatment units. It is possible that this is one of the few cancer centres in the world with all three modalities. The conference was also an occasion for the local administration to announce its commitment to funding and building a particle therapy centre. The cancer centre is very well funded, and the hospital has access to equipment and expertise which put it on a level with other international cancer centers. It even has its own Cobalt sterilizer using good-old Canadian technology.

As a westerner who had never visited the Kingdom of Saudi Arabia it was a most interesting experience for me. There were many cultural differences and customs that were new to me, and the hospitality and professional courtesy with which I was treated was genuine. International speakers were located in the hotel section of the Kingdom Tower, a 100 storey building located about 6 km from the hospital city complex. A most remarkable building - just google it to get a sense of its dominance of the city. A wonderful series of evening event were organized for participants to visit the National Museum, the Prince's Palace and other locations of interest following the day's events. On the second day a sandstorm swept through Riyadh, lasting about 6 hours, and virtually shutting down everything - also a most unusual experience that was somewhat similar to a Canadian's thoughts of a snow blizzard.

(Continued on page 118)



Sandstorm taken from hotel

(Continued from page 117)

One afternoon Drs Demirkaya and Khafaga took a few of us out to see the desert – a short ride out of the city. It is truly amazing to see how this society has flourished in the middle of a very arid region – it seems that most water is pumped in from a few hundred kilometers away and desalinated. As well, one evening Dr Moftah took me downtown to visit the central market and the main mosque. This was also an interesting experience and I had many open conversations with local residents who wanted to practice their English.

On the holy day (Friday) there was very little activity in the city – however I did manage to find a small golf course at one of the hotels in the city. On one hole my traditional hook shot went over a guarded compound, whereby a very pleasant armed guard appeared over the fence and smilingly threw my ball back. This was followed two holes later by my similarly impressive slice which managed to take down one of the greenskeepers in his golf cart – just another day on the links for me!

Both professionally and personally this was a wonderful experience – and I certainly had the impression that medical physicists in Riyadh are like those everywhere else: committed medical professionals with a keen interest in promoting their profession and improving the lot of cancer patients with their skill and knowledge. I hope other Canadian medical physicists have a similar opportunity to experience these stimulating types of interactions.



Riyadh mosque

Did you know...

InterACTIONS is published four times a year: January , April, July, October

Submission deadlines for each issue are: December 1, March 1, June 1, September 1

Next deadline for the October issue is September 1st!

Get your material in early!



Making friends with a camel and a Bedouin

News from CAMPEP Submitted by: Ervin Podgorsak & Gino Fallone McGill University Hospital, Montreal and Cross Cancer Institute, Edmonton

The Commission on Accreditation of Medical Physics Educational Programs (CAMPEP), Inc. is a nonprofit organization whose objectives are the review and accreditation of academic, residency, and continuing education programs in medical physics. It is sponsored by four North American organizations: the American Association of Physicists in Medicine (AAPM), the American College of Medical Physics, the American College of Radiology (ACR), and the Canadian College of Physicists in Medicine (CCPM). The Commission is governed by a Board of Directors, currently consisting of two representatives from each of the four sponsoring organizations: W.R. Hendee and R.L. Maughan from the AAPM; J.D. Hazle and T.D. Solberg from the ACMP; G.D. Clarke and C.W. Coffey from the ACR; and B.G. Fallone and E.B. Podgorsak from the CCPM. The directors serve 3 year terms, which can be renewed once, and elect a President (currently: J.D. Hazle), Vice President (currently: T.D. Solberg), and Secretary/Treasurer (currently: G.D. Clarke).

The Commission has three review committees: Graduate Education Program Review Committee – GEPRC (current chair: E. Jackson); Residency Education Program Review Committee – REPRC (current chair: B. Gerbi), and Continuing Education Program Committee – CEPC (current chair: B. Thomadsen). Currently, 21 academic graduate programs (of these 5 (24 %) in Canada) and 31 residency education programs (of these 7 (23 %) in Canada) are accredited by the CAMPEP.

The AAPM has always been very supportive of the CAMPEP and this arrangement has recently been strengthened with a formal CAMPEP – AAPM services agreement whereby the AAPM for a modest fee provides administrative support to the CAMPEP. This arrangement allows the CAMPEP to function better as an accrediting body and comes with no increase in accreditation fees.

The CAMPEP board of directors meets at least twice each year, typically during the summer AAPM meeting and during the November meeting of the Radiological Society of North America (RSNA). During the past few years the Board has also been organizing a spring retreat meeting in Houston, TX to discuss various urgent issues and plans for the future of the CAMPEP. Two important issues discussed at length during recent CAMPEP board meetings were the 2012 and 2014 ABR deadlines which, without doubt, have serious implications for the future of the North American medical physics profession as well as for students entering medical physics educational programs.

Medical physics is not only a scientific discipline, it is also a medical subspecialty regulated by professional certification exams.

Medical physics is not only a scientific discipline, it is also a medical subspecialty regulated by professional certification exams. In Canada the certification exams for medical physicists are conducted by the CCPM, a nonprofit professional organization run by medical physicists for medical physicists. In the U.S. the medical physics certification exams are conducted by the American Board of Radiology (ABR) which is one of 24 specialty boards under the umbrella of the American Board of Medical Specialties (ABMS). The vast majority of the ABMS affiliated boards require that their certification exam candidates have completed their specialty education in accredited programs. A notable exception to the link of certification with education program accreditation is the ABR certification exam in medical physics and, to rectify this anomaly, the ABR physics trustees in 2002 passed the so-called 2012 resolution and in 2007 strengthened it with the socalled 2014 resolution.

...the ABR physics trustees in 2002 passed the so-called 2012 resolution and in 2007 strengthened it with the so-called 2014 resolution.

In short, the 2012/2014 resolutions state that after 2012 all candidates admitted to the ABR certification exam will have to have completed either a CAMPEP- accredited academic program in medical physics or a CAMPEP-accredited residency program in medical physics. The 2014 deadline does not mention academic programs; however, it stipulates that ABR candidates will have to be enrolled in or have completed a CAMPEP-accredited residency program in medical physics.

While the 2012/2014 resolutions are sensible in principle, they pose two significant problems as the deadlines approach...

CAMPEP accreditation of an academic program implies that the program covers the didactic components prescribed by the AAPM TG 79 report; CAMPEP accreditation of a residency program implies that the program covers the clinical requirements prescribed by the AAPM TG 130 report. While the 2012/2014 resolutions are sensible in principle, they pose two significant problems as the deadlines approach: (1) the current number of available CAMPEP-accredited residency positions meets only about 20 % of actual needs and (2) the sole requirement of residency accreditation in the 2014 resolution seems to make accreditation of academic programs and the requirements of the AAPM TG 79 report of less importance even though the AAPM TG 130 report contains an explicit statement that a resident shall master the didactic requirements spelled out in the AAPM TG 79 report.

The CAMPEP was not involved with writing the resolutions; however, it plays an active role in mitigating the problems that they cause. For example, the CAM-PEP is strongly supporting opening of new medical physics residency programs, it is streamlining the accreditation procedures to encourage accreditation applica-*(Continued on page 120)*

The CAMPEP was not involved with writing the resolutions; however, it plays an active role in mitigating the problems that they cause.

(Continued from page 119)

tions from non-accredited programs, and it is clarifying entry requirements to CAMPEP-accredited graduate and residency programs.

During its spring 2009 meeting the CAM-PEP board adopted the following clarification of undergraduate requirements for entry into CAMPEP-accredited graduate and residency programs:

"Effective immediately, students entering a medical physics educational program shall have acquired a strong foundation in basic physics. This should be documented by either a degree in physics or a degree in related engineering or physical science with coursework equivalent to a minor in physics (includes at least three upper level undergraduate physics courses). If applicants with deficiencies in their physics background are conditionally admitted to the program, the provision for remedial education in physics shall be provided, documented and described in the self-study."

The looming deadlines promise to make the next few years turbulent for medical physicists and the medical physics profession.

The CAMPEP board also adopted the following requirement with regard to entry requirements to CAMPEP-accredited residency programs: *Effective July 1, 2010 CAMPEP will require that the didactic components of the AAPM TG Re-*

(Continued from page 101)

Cancer Centre of South Eastern Ontario; The Ottawa Hospital Cancer Centre; CHUM-Hôpital Notre-Dame; Jewish General Hospital, Montreal; McGill University Health Centre; Centre Hospitalier Régional de Trois-Rivières; Centre Hospitalier Universitaire de Québec; CSSSC Chicoutimi; Dr Leon-Richard Oncology Centre (Moncton); Nova Scotia Cancer Centre; PEI Cancer Treatment Centre.

port 79 (or its successor) shall be completed in a CAMPEP accredited graduate program prior to the candidate beginning the two-year clinical training in a CAM-PEP-accredited residency program".

The looming deadlines promise to make the next few years turbulent for medical physicists and the medical physics profession. Much of the turbulence will be caused by forces beyond control of medical physicists, such as, for example, the impending reorganization of health care in the U.S. However, a significant amount of turbulence will be self-inflicted and the decisions we make now and the directions we take now will have far reaching consequence not only for us but also for our colleagues far in the future. Serious discussions of important issues must take place to insure that the profession moves in a direction that will be appropriate for us and appreciated by our colleagues in the future.

Serious discussions of important issues must take place to insure that the profession moves in a direction that will be appropriate for us and appreciated by our colleagues in the future.

Ervin B. Podgorsak B. Gino Fallone May 25, 2009

Dates to Remember

June 14, 2009 Extracranial Radiosurgery Symposium Winnipeg MB

June 13-17, 2009 SNM Toronto ON

June 23-27, 2009 CARS 2009: Computer Assisted Radiology and Surgery Berlin, Germany

June 24, 2009 Quality Assurance procedures for PET/ CT and SPECT/CT Malmo, Sweden

June 25-26, 2009 AAPM Summer School: Clinical dosimetry measurements in radiotherapy, Colorado College, USA

July 21- 24, 2009 2009 COMP Annual Scientific Meeting and CCPM Symposium Victoria, B.C.

July 26-30 2009 2009 AAPM Annual Scientific Meeting Anaheim, CA

September 1, 2009 Deadline for July submission to InterACTIONS

Sept 7-18, 2009 World Congress– Medical Physics and Biomedical Engineering Munich, Germany

Sept 30-Oct 3, 2009 CARO Quebec City , QC

ASTRO 2009 November 1-5, 2009 Chicago, IL

Nov 29-Dec 4, 2009 RSNA Annual Meeting Chicago, IL

COMP Winter School January 24-28, 2010 Banff, AB

COMP ASM June 16-20, 2010 Ottawa ON



56th ANNUAL

SCIENTIFIC MEETING & CCPM SYMPOSIUM



June 16 - 20, 2010 Crowne Plaza Hotel Ottawa, ON

Mark your calendars and stay tuned for more details!

Editors Note Submitted by: Parminder S. Basran Vancouver Island Cancer Centre, Victoria BC

Well I was happy to finally land on my feet on the west coast after a month or so of some spotty bad luck in Toronto. But I've landed and I'm ready for COMP 09, here at 'home', just in time to rattle off another COMP Newsletter!

This job is fulfilling in the sense that the work that goes into the Newsletter is appreciated (by most), and that the newsletter is perhaps our most important vehicle for keeping our members in touch with goings-on within COMP and the CCPM. Hopefully, the COMP membership and executive will find even more efficient ways to keep our members well informed. Even over the span of 3 years, the way our membership access information from COMP has changed: likely we will seek more efficient use of the already handy COMP website.

I want to say 'thanks' for the regulars who continue to send material, particularly those who are not *obligated* to send material to the newsletter [insert Fist-Bump Here].

I guess it is quite fitting that I should complete my editorial responsibilities after completing a move across the country. Apart from the wife, kids and a few personal belongings, most everything else is either 'left behind' or 'new', except for my involvement with newsletter. I am happy to report that **Idris Elbakri** from Manitoba has volunteered for the position of the COMP Newsletter Editor. While I'm sure he will do a first-rate job, I have offered to help him out from time to time, so you ain't seen the back of me just yet. I guess I, like my predecessors, can't really shake off involvement with the newsletter once becoming Editor.

One final note, particularly for the younger COMP members out there: I remember the days when I was a medical physics graduate student, going to COMP or AAPM, feeling a bit overwhelmed by the experience. In fact, it really wasn't all that long ago. Don't feel that someone else is responsible for making COMP as good as it can be. This is a responsibility that we should all take on collectively. So, make sure you go to the meetings, go to the COMP AGM if you are a member, say hi to the COMP and CCPM executives (see picture!). They're really not that scarv and if they still scare you, find me and I'll introduce you to them (and perhaps I'll introduce *myself* to them too!).



But most importantly, volunteer to write something up for the newsletter. This newsletter is as good as *you* want it to be.

So, may your glass always be full and take care of yourself and each other. See you all in Victoria!

Parminder S. Basran COMP Newsletter Editor

COMP / CCPM Mid-year meeting



A = Sherry Connors (CCPM Sec/Treasurer) B = Dick Drost (CCPM President)C = Nancy Barrett (Executive Director) D = Patrick Rapley (COMP Secretary) E = Michelle Cottreau (COMP Communications) F = Stephen Pistorius (Past COMP Chair) G = Joseph Hayward (COMP Professional Affairs) H = Jason Schella (COMP Chair) I = Peter McGhee (Chair Elect) J = William Ziegler (COMP Treasurer) K = Darcy Mason (CCPM Board Member) L = Maryse Mondat (previous COMP Treasurer) M = Robert Corns (CCPM Deputy Chief Examiner) N = Marco Carlone (COMP Science/Education) O = David Wilkins (CCPM Vice President) P = Wayne Beckham (CCPM Registrar) Q = Michael Evans (CCPM Chief Examiner)

Have you ever wondered "*Hmmm... I wonder who the COMP Chair Elect is and what he/she looks like?* Well, wonder no more! Here is a picture from the mid-year meeting, and their names too! So, next time you are at COMP, make sure you print this page out so you can put a name to the face!



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